

# TFA 2025

| Pos. | Cat. Pos. | Cat.  | No.     | First Name    | Last Name | Gender | Municipality             | Stage 1  | Stage 2  | Stage 3  | Stage 4  | Total    |
|------|-----------|-------|---------|---------------|-----------|--------|--------------------------|----------|----------|----------|----------|----------|
| 81   | 1         | 55-59 | MX41484 | Jeremiah      | Kamase    | Male   | JB Marks Municipality    | 00:02:59 | 00:03:41 | 00:01:54 | 00:04:46 | 00:13:21 |
| 88   | 2         | 55-59 | MX60229 | Frank Francis | Forbay    | Male   | City of Cape Town        | 00:03:18 | 00:04:33 | 00:02:14 | 00:04:48 | 00:14:55 |
| 136  | 3         | 55-59 | MX60224 | Pieter        | Farao     | Male   | Drakenstein Municipality | 00:03:29 | 00:09:00 | 00:09:00 | 00:09:00 | 00:30:29 |